

NEONATAL ABSTINENCE SCORING SYSTEM

SYSTEM	SIGNS AND SYMPTOMS	SCORE	AM				PM			
CENTRAL NERVOUS SYSTEM DISTURBANCES (9 domains)	Continuous High Pitched (or other) Cry	2								
	Continuous High Pitched (or other) Cry	3								
	Sleeps <1 Hour After Feeding	3								
	Sleeps <2 Hours After Feeding	2								
	Sleeps <3 Hours After Feeding	1								
	Hyperactive Moro Reflex	2								
	Markedly Hyperactive Moro Reflex	3								
	Mild Tremors Disturbed	1								
	Moderate-Severe Tremors Disturbed	2								
	Mild Tremors Undisturbed	3								
	Moderate-Severe Tremors Undisturbed	4								
	Increased Muscle Tone	2								
	Excoriation (Specific Area)	1								
	Myoclonic Jerks	3								
Generalized Convulsions	5									
METABOLIC/VASOMOTOR/RESPIRATORY DISTURBANCES (8 domains)	Sweating	1								
	Fever 100.4°-101°F (38°-38.3°C)	1								
	Fever > 101°F (38.3°C)	2								
	Frequent Yawning (>3-4 times/interval)	1								
	Mottling	1								
	Nasal Stuffiness	1								
	Sneezing (>3-4 times/interval)	1								
	Nasal Flaring	2								
	Respiratory Rate >60/min	1								
	Respiratory Rate > 60/min with Retractions	2								
GASTRO-INTESTINAL DISTURBANCES (4 domains)	Excessive Sucking	1								
	Poor Feeding	2								
	Regurgitation	2								
	Projectile Vomiting	3								
	Loose Stools	2								
	Watery Stools	3								
TOTAL SCORE										
INITIALS OF SCORER										

Adapted from: Nelson, Nicholas. Current
Therapy in Neonatal-Perinatal Medicine.
2nd ed. Toronto: BC Decker, 1990¹⁰¹